

10 Tips to Delete Yourself from the Internet in 2020

Last Updated by Benjamin Walsh on April 01, 2020

Using the internet these days is basically a way of life. Most people will have their whole lives documented online readily available for anyone to see. However sometimes we forget that **all that information we've transmitted over the internet has been saved somewhere.** There are countless stories of users having their personal information used by companies and individuals without them knowing.

Some internet users out there don't care, but we bet if you're reading this then you're at least a little concerned. Luckily, **there are many ways to remove yourself from the internet.**

In this article, **we'll provide you with 10 tips to maintain your online anonymity and delete yourself from the internet in 2020.**

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1 Delete or Deactivate Your Social Networking Accounts

Social networking is a big one. **Many users on Facebook, Twitter, Instagram, and other social media sites willingly hand out their personal information** without realizing the repercussions. **For a hacker, Facebook can be a goldmine of data.** You may think that posting a cute picture of your dog Rex is innocent enough, however more often than not your pet's name will be the answer to most of your password's security questions.

To truly erase yourself from the internet, **it is vital to remove yourself from all social media sites.** To do this, **visit the site, go to account settings, and find the option to delete or deactivate your account.** When complete, all your information will be removed from the website's database.

Facebook doesn't make it easy to remove all of your information from their server. Check out our detailed walk through of the [5 Steps to Really Delete Your Facebook Account](#)

2 Delete or Deactivate Your Online Shopping Accounts

Online shopping is a guilty pleasure for many as the ease of never having to leave your couch can be very alluring. But, every time you've purchased a product or service from one of these sites, **you've needed to create an account, input a mailing address, and most importantly, add your financial information.** That is a lot of data to have stored online.

Similar to deleting your social media accounts, **all you need to do is find the account settings** on each shopping website and **choose to delete or deactivate your account,** thus removing all your information with it.

If you wish to purchase products and services online in the future, you could use **cryptocurrencies such as Bitcoin.** Bitcoin is a **completely anonymous form of payment** which more companies are accepting due to their growing popularity.

3 Utilise Deseat.me

Deseat.me is a great internet service created by Swedish developers Willie Dahlbo and Linus Unneback. **This trusted service can take a look every website you've ever created an account with and either delete or unsubscribe you from it.** In this case, the best option would be to enlist the service to completely delete all traces of you.

4 Remove Yourself from Data Collection Sites

Data brokers are companies that exist purely to collect your online data. Basically, **they collect your data in any way they can** over the internet and **sell it to the highest bidder.** Typically, it's **large retail companies that buy your information** as they can use it to **send you personalized ads for targeted marketing.** For many, this is a massive invasion of privacy.

If you find your personal information on these collection sites such as [Spokeo](#) and [White Pages](#), **you can request to have it removed.** However, they like to make it as difficult and frustrating as possible by **devising a long, drawn-out process** that could involve archaic **methods such as faxing and filing physical paperwork.**

5 Remove Personal Info from All Google Websites

It is possible to **contact Google and ask them to remove your personal data from their affiliated websites.** This should only be done when it is **extremely sensitive information such as banking details or your Social Security Number** as the request comes in the form of a [Legal Request.](#)

We cannot guarantee that the process will be completed in a timely manner or at all, as in some cases, you may be unsuccessful.

6 Remove Your Info Directly from Websites

Deleting your data from websites is simple, or it's supposed to be. We can guarantee that there are a hundreds of websites you've signed up for over the years and don't use now. If so, then **you can have your information removed from the site by contacting the company directly** and requesting that your information be deleted.

This does, however, involve sending messages, emails, and support requests, which **can take some time** before your wish officially gets granted.

The key to this method is to be nice. We wouldn't recommend you go in all guns blazing and DEMAND THAT YOUR DATA BE DELETED.

7 Remove Outdated Search Results Through Google

If you Google your name or any information about you, there is a good chance that something will pop-up. Whether it's an old site you signed up to, an old email address you forgot about, pictures, or even your resume from when you applied to a job, **Google can help you remove this data.**

If you **submit the URL to which your information is on to Google,** they may be able to **update their servers and remove any redundant URLs,** meaning you will no longer be associated with the page.

Again, **we cannot be certain that you will have success in your efforts,** but it's worth trying.

8 Remove Your Email Accounts

Removing your email accounts is a must when deleting yourself from the internet and is one of the the most crucial steps in the process. There is no doubt your **email accounts hold an overwhelming amount of personal, private, and financial information.** These could come in the form of password resets, bank statements, order confirmations, birthday messages, the list goes on.

Simply, **sign into each and every account, find the account settings option and remove the account.** Doing this will ensure all your account information and emails are permanently removed. Just be sure to back up any important data you'll need for future reference.

9 Clear Your Browser's History, Cache, Passwords, Payment Methods, and Saved Addresses

This one is easy, though there may be a different process depending on the browser you use. To delete your **browsing history and cache,** you can **visit the history section of your browser and there will be the option to clear all.**

To remove **payment methods and saved addresses,** you can do so in your browser settings. However, **you may need to individually delete each one.**

10 Use a VPN to Remain Anonymous

From **encrypting your data, bypassing geo-restrictions, and changing your location there are many valuable reasons to get a VPN.**

In the context of removing your information from the internet, **a VPN maintains your online anonymity.** It does this by changing your IP address to whatever server you're connected to, and since your IP address is your device's identity, **you remain hidden from any websites you visit.**

Additionally, if you choose a **premium VPN service** such as [ExpressVPN](#), [NordVPN](#), or [CyberGhost VPN](#), your **activity logs and personal information aren't saved,** meaning you are completely anonymous.

Getting Back Online

If you plan on using the internet after your great purge, **you will need to maintain your anonymity. Therefore, you must use a VPN to ensure you don't accidentally distribute any data unknowingly.**

Having trouble deciding which one? You can visit some of our expert reviews [here.](#)

WRITTEN BY

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After earning his degree in Business, Ben decided to pursue his passion for marketing, writing and content development within the technology and cyber security industry. He would like to continue traveling and embracing other countries and cultures while furthering his career.

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